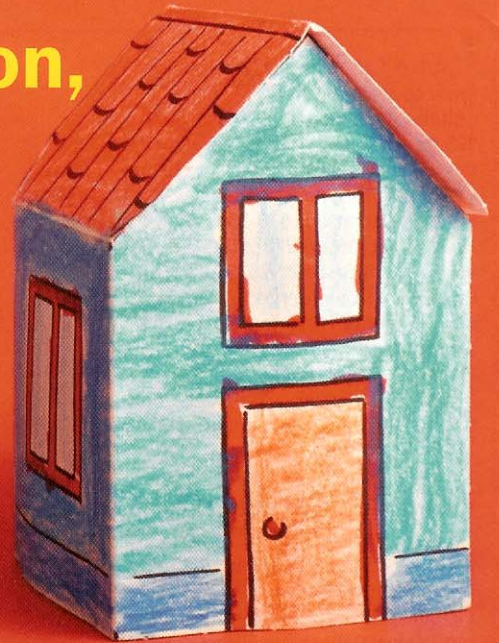


*If
you've
ever
moved...*

Location, Location, Location ... Tips on Making a Smooth Relocation!

by Dave Piltz
The Learning Key®



you've heard the mantra every real estate agent learns on their first day of work – location, location, location that's all that matters! That may be true in terms of where you live and how much you spend to live there, but the mantra doesn't provide any guidance for creating an effective relocation transition with family and friends. The following tips, may help when you are considering or in the middle of relocating!

Make It Smooth

When you are relocating due to one person's change in job, chaos can ensue quickly. Many times not all family members want to move. So make it as smooth as possible by:

- Allowing the person with the new job to start and find temporary housing
- Searching for a new house as a family and not an individual
- Not changing everything over a weekend but taking time to say goodbye to activities and groups you are involved in.

Embrace Change

Relocating is a huge change for everyone. Whether you wanted to relocate or you are following someone relocat-

ing – change is all around you. Embracing that change can be very difficult. Typically the person who is moving for a new job can embrace it more quickly and more passionately than those who must follow. So try a few of these techniques to reduce the stress around the change:

- **Breathe.** Yes, that's right breathe. During times of change people have a tendency to tense with the side effects being a lower immune system and tiredness. So take a moment to breathe – DEEPLY. Breathe from your belly and use your whole diaphragm. The breaths will not only energize you, they will relax you.
- **Don't personalize the change.** Even though it is easy to feel the change is only happening to you, realize everyone is going through change in their own way.
- **Communicate often.** During times of change it's easy to miss something or not listen fully and misinterpret what is going on. So take the time to clarify and communicate as often as you can.

Be Ok with Setbacks

Not many relocations go perfectly. If they did, movies like *Funny Farm with Chevy Chase* wouldn't be funny. So realize that with the relocation there

will be setbacks in terms of finding a house, schools, job (for the following partner), community activities, etc. One of the most effective ways to deal with setbacks is to be ok with them. If Edison didn't move forward in spite of setbacks, he may have never invented the light bulb.

Look to the Future

Relocating isn't about the present it's about the future. So don't stay focused on what is happening today [no matter how stressful or upsetting it may be] but look to the future. A year from now, how will things be different? What new opportunities might exist that didn't before?

Relocating is difficult for everyone, whether you are the one relocating or following. Realize that there are many things you can do to help make it an easy process. Think creatively and keep your focus on the future and the rest will fall into place.

